ST. BARNABAS PARISH WEEKLY BULLETIN IFOURTEENTH SUNDAY IN ORDINARY TIME

10 Washburn Way, Scarborough, ON, M1B1H3 | Tel: 416-298-0989 | Fax: 416-298-8959 Email:StBarnabasSC@archtoronto.org | Website: https://stbarnabasto.ca | Social Media: @stbarnabasto



HUMILITY OF THE HEART

Humility is a virtue that belongs essentially to Christ, not only as man, but more especially as God, because with God to be good, holy and merciful is not virtue but nature, and humility is only a virtue. God cannot exalt Himself above what He is, in His most high Being, nor can He increase His vast and infinite greatness; but He can humiliate Himself as in fact He did humiliate and lower Himself. "He humbled Himself, He emptied Himself," revealing Himself to us, through His humility, as the Lord of all virtues, the conqueror of the world, of death, hell and Sin. No greater example of humility can be given than that of the Only Son of God when "the Word was made Flesh." Nothing could be more sublime than the words of St. John's Gospel, "In principio erat Verbum; in the beginning was the Word." And no abasement can be deeper than that which follows: "Et Verbum caro factum est; And the Word was made Flesh." By this union of the Creator with the creature the Highest was united with the lowest. Jesus Christ summed up all His heavenly doctrine in humility and before teaching it, it was His will to practise it perfectly Himself. - Humility of the Heart, Fr. Cajetan Mary Da Bergamo

Parish Schedule

MASS SCHEDULE

Weekday Mass:

Monday: 9:00 AM (Ad Orientem)

Tuesday: 9:00 AM

Wednesday: 9:00 AM & 7:00 PM (Ad Orientem)

Thursday: 9:00 AM

Friday: 9:00 AM (Ad Orientem)

Saturday: 9:00 AM

Weekend Mass:

Saturday: 4:30 PM

Sunday: 9:00 AM, 10:30 AM, 12:15 PM, and 7:00 PM

CONFESSION SCHEDULE

Monday to Saturday at 8:30 AM - 8:55 AM Wednesday at 6:00PM - 7:00 PM Saturdays at 3:30PM - 4:30 PM

OFFICE HOURS

Monday - Friday: 9:30 AM - 5:00 PM Saturday: 9:30 AM - 6:00 PM

Pastoral Team

Fr. Hansoo Park, Pastor

hpark@archtoronto.org | 416-298-0989 Ext 201

Fr. Samoj Sunny, Associate Pastor

ssunny@archtoronto.org | 416-298-0989 Ext 202

Fr. Fraser McLaren, Associate Pastor

fmclaren@archtoronto.org | 416-298-0989 Ext 203

Deacon Paul Djaja, Permanent Deacon

pdjaja@archtoronto.org | 416-298-0989

Deacon Eustace Beausoleil, Permanent Deacon

ebeausoleil@archtoronto.org| 416-298-0989

Sam Cummings, Lay Pastoral Associate

stbarnabaslpa@archtoronto.org | 416-298-0989 Ext 208

Kate Garbino, Media Coordinator

stbarnabasmedia@archtoronto.org | 416-298-0989 Ext 207

Kim Torio, Youth Minister

stbarnabasscyouth@archtoronto.org | 416-298-0989 Ext 205

Lisa Salvador, Parish Secretary

StBarnabasSC@archtoronto.org | 416-298-0989 Ext 204

MASS INTENTIONS

SUNDAY, JULY 9, 2023

4:30 PM (Sat. Vigil): Reginald ARANJO & Rajendra SINGH $^{\rm ++}$ 9:00 AM: Special Intentions of All CWL Members and their Families

10:30 AM: Irineo & Evelina KALINGO

& Natividad MANALILI ***

12:15 PM: Thanksgiving of Terry FERNANDO

7:00 PM: Albino Manuel COLLANTES

MONDAY, JULY 10, 2023

9:00 AM: Eriberta De GUZMAN +

TUESDAY, JULY 11, 2023

9:00 AM: Orlando BERNABE †

WEDNESDAY, JULY 12, 2023

9:00 AM: Flora PEREZ +

7:00 PM: Thanksgiving of Perpetual IGWEKA & Eno IDIEGBE

THURSDAY, JULY 13, 2023

9:00 AM: Thanksgiving of Rosemary ISIEKWENA

FRIDAY, JULY 14, 2023

9:00AM: Thanksgiving of Eric PALOMARES

SATURDAY, JULY 15, 2023

9:00 AM: Community Memorial Mass

NAMES OF THE SICK

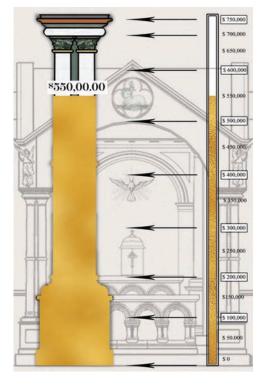
Lvdia ABRAZALDO Bernadette ABDOOL Luisa ARIOLA Jen ATKINSON Horacio AVANZADO Vida BAILEY Al BANZON Bessie BARTZIS Monica BAUTISTA Lita BEDFORD-JAMES Milagros BRINAS Cleone BYGRAVE Crescensia CASTANEDA Terry CHAN Matilda CHARLES Anushka CHELLIAH Bodhi CHELLIAH Trevor CHUNG Sera COLACO Martin CORSANO Jerwin Cruz CORTEZ Jack CRAWFORD Dawn CRITCHLOW Carmalita CRUZ
Divina DE LEON
Emmanuel DE LEON
George D'SILVA Adoracion DACANAY Epifanio DACANAY Elizabeth Fe DACANAY Charlie DEISCHTER Salvador DE LEOZ Julietta DE LEOZ Nikita DeSILVA Jannette DEMPSEY Ampy DECHOSO Christina DELINOR Arya Cali DIAZ Jacquelin DUMEICHEN Teresita ESMAO Veronica ESPANO Tess FIDELINO Carrol FERNANDES Emmanuel FERNANDO

Edna FLORINO Columba FREDERICK James FRASER Abigail FORBES Rolando GARBINO Barry GILL Nathan GIRDHARRY Gem GOUVEIA George GRAY Sean KUA Bernard OSEI-KWABENA Robert HENRIQUE Ernesto HIDALGO Vernon HOFFMAN Renate HOFFMAN Tina HOLLOWAY Summer HOLLOWAY Robbie HOJILLA Leonardo IGNACIO Joan IRONSIDE Sheldon IYENGAR Henry JACOT Larry JARDIN Danilo Batara JOSE George JOSEPH Ruth LABAO Martinah LLANES Consuelo LOPEZ Maria Lourdes LUZ Audrey Mendonca LUCAS Bienvenido MABBAYAD Noli MABABANGLOOB Alllison MAGPAYO Willex MAGPAYO Miguel MAGTIBAY Brian MARTELL Alisha MATHLIN John McGARRY Betty McNEIL Darrell McNEIL Glenda McNEIL Constance MENEZES Andreya NAZAL Winston NEWMAN Linda O'RILLEY Denise ORTIZ

Marie ORTIZ Kyle PAGUIA Mary Ann Ibana PALOMARES Mary Thimen PAN Cecilia Hwa PAN Victo Juann PAN Divya PATEL Josue PEREZ Miranda PINTO Merlyn RAYMOND Claudette RAMOS Sonia RAMOS Michael REID Noberto REYES Ermie RICAFORT Maricar ROBERTO Elanor RODRIGO Faye SALAMILLAS Kathy SAMUELS
Zosimo SANCHEZ
Lourdes SANTIAGO
Domingo SANTOS
Karen SANTOS Karen SANTOS
Metarita SEARS
Caril Chen SEE
Cynthia SIRIRAM
Winston SPARROCK
Alan SPENCER
Lynn SPENCER
Nathaniel SPENCER
Cecile SILVERIO
Vicky SUAREZ
Norma STEEL E Norma STEELE Jovito TAMAYO Rowena TELAN Cecil TUAZON Adelia UYGUANGCO Romeo UMALI
Christiana VELINOR
Jalen VELINOR
Estrella VILAR
John WEBBER Levon WILLIAMS Jeanette WILTSHIRE Conrado YABUT

If you would like to include the name of your sick family member, kindly send us an email thorugh stbarnabassc@archtotonto.org or give the parish office a call.

SANCTUARY RENOVATIONS



SANCTUARY RENOVATIONS: SACRED JOURNEY

We have started our second stage of our sanctuary. we have collected approximately **\$550,000**. To participate in this project you can donate through the following options:

- 1. For credit card donation, go to this link: https://form.jotform.com/stbarnabasto/sacred-journey
- 2. For cash or cheque, please use the envelopes provided in front of the parish office.

We thank all the parishioners who have generously contributed to this project. Let us continue to pray for our Sactuary Renovations: Sacred Journey.

ANNOUCEMENTS

CWL PILGRIMAGE TO OUR LADY OF GRACE

Inviting all parishioner to join the Catholic Women's League on a pilgrimage to Our Lady of Grace, Mary Lake, King City on Saturday, July 22, 2023. Includes Holy Mass, Rosary at Rosary Path, & Picnic/BBQ Lunch. \$50.00 per person inclusive of \$5.00 entry to Mary Lake and BBQ. Bus leaves at 7:30AM from St. Barnabas and leaves at Marylake at 5:30 PM. For more information, please contact Zenora Mahabal at 416-283-8880 at mahabalzenora7@gmail.com or Maria Fan at



MARRIAGE ENRICHMENT RETREAT

Join Fr. Hansoo and the married couples of St. Barnabas for a Marriage Enrichment Retreat Weekend to be held at Queen of Apostles Retreat Centre in Mississauga from Friday August 11 to Sunday August 13, 2023. Cost is \$300 per couple and includes all meals, refreshments, materials and conference fees. For more information https://stbarnabasmedia.wixsite.com/mer-2023

FAMILY & YOUTH MINISTRY DEVELOPMENT

Become a benefactor on our Family & Youth Ministry Development. Your generous contribution will enable us to create a nurturing environment that fosters spiritual growth, provides informational opportunities, and offers guidance and support to our families & youth in our community. If interested, please take a brochure on our foyer or visit our website at **stbarnabasto.ca**





KINGDOM CAMP MASS & ADORATION TIMES

We invite everyone to join the King Camp Campers in the Holy Euchratis happening on these times:

WEEK 1 - Mon - 12:15, Tues 12:15,

Wed (Adoration) - 12:00, Thurs - 10:30. Friday 12:15

WEEK 2 - Mon 12:15, Tues - 12:15,

Wed (Adoration) - 10 & 2:30, Thurs - 2:30PM, Fri - 12:15



EDGE CAMP EAST 2023

Inviting all Edge campers to join the Archdiocese of Toronto East Region on this summers EDGE RETREAT on August 23-27, 2023 on Camp White Pine, Haliburton, Ontario. For more information, please contact Kim Torio at stbarnabasscyouth@archtoronto.org | 416-298-0989 ext. 205





2023 LIFETEEN CAMP REGISTRATION NOW OPEN!

Lifeteen Camp is a 5-day, overnight Catholic camp for youth going into grades 9 to 12 graduates! If you want a life-changing experience this summer,

register for Lifeteen Camp 2023!

When: August 7-11, 2023

Where: The Salvation Army Jackson's Point Camp, 35 Salvation Army Rd, Jacksons Point, ON Who: Graduates of gr.8 to graduates of gr. 12



Ellie M. Cifra Broker, ABR, SRES Cell: 416-432-2868

Aida C. Bravo, SRES

Sales Representative Cell: 647-862-9355

DR. ARLA A. RONDILLA General Dentistry Orthodontics



416-283-1512

Cedar Dental Care

Dr. Benilda Sunga & Associates

695 Markham Road, #2, 2nd Floor

647-348-3636



McCowan

Serving the community since 1996

Accepting New Patients Let our Chiropodists help you with your Foot Problems. Most services covered by insurance

Conditions Treated/Services Provided Include

Thickened, Fungal and Ingrown Toenails, Corns and Calluses, Plantar Warts, Athlete's Feet, Flat Feet, High Arched Feet, Bunions, Plantar Fasciitis. Arch Pain, Diabetic Foot care, Shockwave Therapy for Heel pain Custom Orthotics and more



1457 McCowan Rd, Unit 215

416-299-1508

www.mccowanfootclinic.ca

Personalised Care by Experienced Professionals

Lincy George, Registered Physiotherapist

Our Services:

Physiotherapy • Massage Therapy • Chiropractic Acupuncture • Naturopath • Shockwave Therapy Spinal Decompression • K-Laser Therapy **Kerala Traditional Ayurvedic Treatment**

We accept all insurances & we do direct billing

2870 Ellesmere Rd. info@centenaryphysio.com

416.724.4466/416.724.4467

www.CentenaryPhysio.com

For all your real estate needs contact

Mathew Devassia Sales Representative

647.990.2972 Cell 416.391.3232 Office 416.391.0319 Fax

mathew@mathewdevassiahomes.com www.mathewdevassiahomes.com



TO ADVERTISE YOUR BUSINESS!



Make Dreams Happen

1396 Don Mills Road, Suite: B121

4164 Sheppard Avenue East

(East of Kennedy Rd.) **416-293-5211**

www.ogdenfuneralhome.com



Lapsley IDA Pharmacy

416-291-3773 27 Lapsley Rd

Senior Discount Everyday

ww.lapsleypharmacy.com

Buying or Selling?

There is no better time to buy the home of your dreams. I mentor investors & assist first time buyers in making dreams come true.

Call now for your free consultation!



realtorjulius@gmail.com HomeLife/Miracle Realty Ltd., Brokerage Independently Owned & Operated



Julius Thomas SALES REPRESENTATIVE

Professional Foot Specialists

We Treat:

- **Nail Problems**
- Callus/Corns
- Step Right

TO ADVERTISE IN THIS SPACE PLEASE CALL

905-624-4422

THE PERFECT **SPOT**

- **Custom Made Orthotics**

Direct Billing Offered! Call today to book! 647 348 3331

www.steprightfootclinic.com 1920 Ellesmore Road #204



homes@bobbyalejandro.com www.bobbyalejandro.com 685 Sheppard Ave E #401

BOBBY ALEJANDRO REALTOR® 647-712-1241



Your Local Community Realtor

CATHOLIC CEMETERIES

FUNERAL SERVICES

In keeping with your Catholic faith

www.catholic-cemeteries.com

Holy Cross Cemetery & Funeral Home 905-889-7467

Christ the King Cemetery 905-471-0121

Fresh Homestyle Filipino Food-**Catering Service** 19 Lapsley Rd. @ Sheppard 416-754-4677

SALES REPRESENTAT

Liturgical Publications, your weekly bulletin printer has an opening for a **full time Sales Representative**. Base Salary • Commission • Car Allowance • Travel Expenses If you have a drive to succeed and are self-motivated, email your resume to salesrep@parishbulletins.com